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Building Better Basements for Modern Living

For custom homebuilders and remodelers, the basement is no longer an afterthought — it's prime real estate. Builders share their advice for building basements that can be easily converted into additional living spaces.

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Finished basements are a no-brainer in areas where land is limited, providing families with muchneeded space for work, play, and relaxation.

Nate Jurmu, Frontier Custom Builders



ing, and a funky old couch.

Forget what you think you know about basements — either as dark, damp storage spaces or as *That '70s Show*-style hang-out spots with shag rug, wood panel-

Builders, architects, and contractors are giving these underground spaces a long overdue upgrade, transforming them into valuable real estate that aligns with the needs of modern homeowners. With thoughtful planning, innovative materials, and strategic designs, basements are becoming integral to the home's overall functionality and appeal.

Here, we explore key strategies for designing and constructing basements that not only maximize space but also provide a balance of functionality, comfort, and aesthetics.



The Growing Demand for Multifunctional Basements

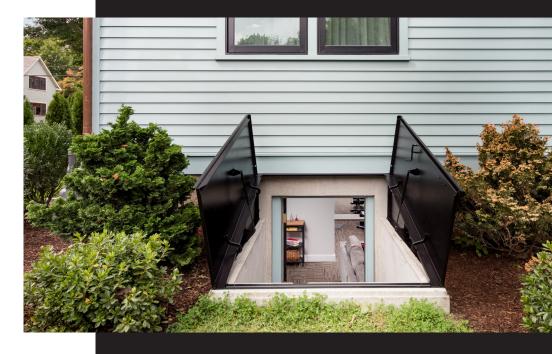
More homeowners are looking to optimize every square foot of their homes. Basements, once relegated to storage and mechanical systems, are being reimagined as versatile spaces for recreation, work, and relaxation.

"Since COVID hit, there's been heightened interest in maximizing enjoyment of the space we're in every day," says Matthew Cole, president and CEO of Cape Associates, a custom home builder in Eastham, Mass.

Cole emphasizes that basements offer a cost-effective solution for creating additional living areas without the need to expand a home's footprint. "Basements are economical, providing good additional space for a variety of uses," he says. Common applications include home theaters, wine cellars, gyms, and playrooms — functions that leverage the inherent characteristics of a subterranean environment, such as natural insulation and privacy.

Key Considerations for Basement Design

1. Moisture Management: Moisture presents one of the most significant challenges in basement construction. Ensuring a dry, comfortable space starts with comprehensive waterproofing solutions. These include perimeter drain systems, vapor barriers, and proper grading to direct water away from the foundation. "We take additional care with waterproofing details and drainage to create a nice, dry basement that's easily finished later," Cole explains.



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The beauty of BILCO doors is that they provide direct exterior access, meeting egress requirements while enhancing practicality.

Matthew Cole, Cape Associates



- 2. Insulation and Climate Control: Maintaining consistent temperatures in basements is essential for creating livable spaces. The good news is a basement's natural insulation makes this easy to accomplish. Warmer in winter and cooler in summer, basements are already energy-efficient spaces in terms of heating and cooling. Some basements are designed with in-floor radiant heating, providing economical warmth. Others draw from a central HVAC, likely located in the basement, meaning the system doesn't have to deliver conditioned air far to meet a desired temperature. In other words, conditioning a basement won't add much to a homeowner's energy bill.
- 3. Lighting and Daylighting: Just because they're underground doesn't mean basements have to feel dark and unwelcoming. Modern solutions focus on maximizing natural light through egress windows and light wells. These systems not only flood basements with natural light, they're also a code-compliance means of escape in the event of an emergency. "Adding egress windows dramatically improves natural light and creates a more inviting atmosphere," says Nate Jurmu, owner Frontier Custom Builders in Monticello, Minn. Builders also incorporate LED lighting solutions that mimic daylight, creating a bright and comfortable environment even in spaces without direct sunlight.
- **4. Ceiling Height and Open Layouts:** Ceiling height is a critical consideration in basement design. While the standard eight-foot pour suffices for mechanical needs, many builders now opt for nine- or 10-foot ceilings to accommodate finished spaces. "A deeper basement is worth the cost premium, especially if finishing it later is a possibility," Cole notes. Open

- layouts further enhance the sense of space, making basements feel more connected to the rest of the home.
- 5. Accessibility and Egress: Compliance with egress and fire codes is mandatory when designing basements. Products like BILCO basement doors and escape wells provide secure and functional access points while meeting safety requirements. Cole highlights the importance of strategically planning egress solutions, stating, "Whenever grading allows, we incorporate walkout basements or traditional egress windows to ensure functionality and safety."

Design Trends and Innovations

Modern basements are tailored to the unique needs of homeowners, with an emphasis on flexibility and style.

- 1. Multifunctional Spaces: Many homeowners view basements as an extension of their living areas. From home theaters and playrooms to guest suites and offices, the possibilities are endless. According to Jurmu, "Basements often become the go-to space for entertainment or a place for kids to crash away from the main living areas."
- **2. Modular Storage Systems:** Modular storage solutions are increasingly popular, offering flexibility for growing families. Builders are incorporating these systems into basement designs to maximize storage without compromising aesthetics.
- **3. Durable Materials:** Materials like luxury vinyl plank flooring, which is moisture-resistant and visually appealing, are becoming standard in basement construction. "Durable materials ensure the space is functional and easy to maintain," Cole says.



Overcoming Challenges in Basement Construction

Building or remodeling basements often involves unique challenges, from addressing structural issues to integrating mechanical systems. Jurmu shares his experience: "In older homes, we often deal with low ceilings and protruding mechanical systems. The solution is to rework these elements to maximize headroom and usability."

Another common challenge is balancing moisture management with aesthetics. Builders frequently employ innovative products and techniques to achieve both. For example, Dave Shankweiler, a project manager and estimator at Curtis E. Schneck, a custom builder based in Schnecksville, Penn., highlights the value of BILCO egress systems: "BILCO products provide a straightforward solution for creating light-filled, habitable basement spaces while maintaining compliance with egress codes."

The ROI of Finished Basements

Investing in a finished basement can provide significant returns, both financially and in terms of quality of life. While appraisal systems may not always reflect the full value of finished basements, they are a compelling feature for buyers. "Basements offer cost-effective ways to expand a home's usable space without increasing its footprint," Cole says.

PRACTICAL TIPS FOR BUILDERS

- Plan for Flexibility: Incorporate features like higher ceilings and modular layouts to accommodate future needs.
- Prioritize Moisture
 Management: Invest in
 comprehensive waterproofing
 to ensure long-term
 comfort and usability.
- Leverage Smart Technology: Integrate smart systems early in the design process to enhance functionality and appeal.
- Utilize Natural Light:
 Maximize daylighting with strategically placed egress windows and light wells.

How BILCO Products Enhance Basement Functionality

BILCO's bulkhead basement doors and egress window systems provide transformative solutions for modern basements. By addressing accessibility, daylighting, and code compliance, these products make it easier for homeowners and builders to maximize basement potential.

Improved Accessibility: BILCO's bulkhead doors offer seamless exterior access to basements, making them ideal for moving large items such as furniture or mechanical systems. These doors are designed for durability and security, with weather-resistant construction that ensures long-lasting performance. "The beauty of BILCO doors is that they provide direct exterior ac-

cess, meeting egress requirements while enhancing practicality," Cole explains. This accessibility is especially valuable for homeowners who use basements for storage or workshop spaces.

Enhanced Daylighting: Egress window systems from BILCO dramatically improve natural light in basements, creating a more inviting atmosphere. These systems include clear covers that allow ambient light to filter in while maintaining energy efficiency. As Jurmu notes, "Adding egress windows not only fulfills safety codes but also transforms dark spaces into bright, livable rooms." Daylighting solutions are particularly impactful in finished basements used for living rooms, play areas, or home offices, where natural light is a key component of comfort and functionality.

Code Compliance and Safe-

ty: BILCO's egress systems are designed to meet International Residential Code (IRC) standards for emergency escape and rescue openings. These products ensure that basements comply with fire and safety regulations, providing peace of mind for homeowners. "Egress compliance is non-negotiable for habitable basement spaces," Jurmu explains. BILCO's solutions make it easy for builders to integrate code-compliant features without compromising on design.



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Case Study: The Hudson Valley Renovation

Jon Beer of Jon Beer Contracting, a design-build firm in New York's Hudson Valley, transformed his personal residence through a comprehensive renovation that included creating a multifunctional basement. His company, known for contemporary designs and expertise in remodels, additions, and new builds, embraced this project as a showcase of their capabilities.

Originally a one-story ranch house abandoned for 13 years, the home underwent a complete transformation. The 1,200-square-foot single-story structure was expanded to approximately 2,400 square feet with the addition of a second story and a 600-square-foot extension. The house now features a striking contemporary design with black charred siding, whitewashed brick, and a black metal roof, nestled on a wooded two-acre lot.

The basement renovation was part of this larger effort, driven by the family's need for additional space as Beer and his wife prepared for a growing family. This part of the project began with the removal of an old chimney that vented a wood stove in the basement. That move not only eliminated an outdated feature but also created the space needed for an egress window.



"We needed a second means of egress for the basement and chose a BILCO StakWEL® system," Beer says.

Challenges arose, including the absence of a steel lintel to support the masonry above the planned opening. Beer's team installed a lintel, secured the veneer brick exterior, and built temporary walls to stabilize the structure. Using a masonry wet saw, they cut through the cinder block foundation to install the egress window and BILCO StakWEL® system. The large casement window brought natural light into the basement while providing essential code-compliant escape routes.

The result is a clean, well-lit, and versatile basement that currently serves as overflow storage but has the potential to be converted into a guest bedroom, office, or playroom. This renovation exemplifies how thoughtful design and problem-solving can turn a neglected space into a functional and aesthetically pleasing asset.

UNDERSTANDING BASEMENT CODE REQUIREMENTS

When converting or finishing a basement, a contractor must adhere to local building codes. These regulations ensure safety and functionality for all basement spaces, especially those used as living areas.

Ceiling Height

One of the most critical requirements involves ceiling height. Most building codes stipulate that finished basements must have a minimum ceiling height of seven feet. If ductwork or beams lower the height in specific areas, these spaces should still allow for comfortable movement and comply with local guidelines.

Egress Windows

Egress windows are another mandatory feature for habitable basement spaces, particularly bedrooms. These windows provide a means of escape during emergencies and must meet specific dimensions outlined by the International Residential Code (IRC). Generally, egress windows must have a minimum net clear opening of 5.7 square feet, a minimum opening height of 24 inches, and a minimum opening width of 20 inches. The bottom of the window opening must not be more than 44 inches from the finished floor.

Ventilation and Lighting

In addition to egress requirements, proper ventilation and lighting are vital. Basements often require a combination of mechanical ventilation systems and operable windows to meet code standards for air exchange. Lighting requirements typically include a mix of natural and artificial sources to create a well-lit, inviting environment. Builders must also ensure that electrical outlets are installed at regular intervals, as outlined in local codes, to accommodate modern power needs safely.

Moisture Control

Another key consideration is moisture control. Most building codes mandate that finished basements include vapor barriers and properly installed drainage systems to prevent water intrusion. In regions prone to flooding, sump pumps and exterior drainage solutions may also be required. These measures not only protect the structural integrity of the home but also contribute to a healthy indoor environment.

Fire Safety

Fire safety is an essential aspect of basement code compliance. In addition to egress windows, finished basements may require fire-rated doors, smoke alarms, and interconnected fire alarm systems. These features help ensure that residents have sufficient warning and a clear escape route in the event of a fire.

By planning ahead and working closely with local building authorities, it is possible to create a basement space that is not only functional and aesthetically pleasing but also safe and fully compliant with all applicable regulations.







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